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Journal of Internal Medicine 247: 395–401

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0754-2014

Author's disclosure of potential conflicts of interest and author contributions are found at the end of this article.

Source: U.S. Coast Guard.

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www.kluweronline.nl/10.1177/0950080406287466

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Author	Year	Country	Sample Size	Study Design	Findings
Smith et al.	2015	USA	1,200	Longitudinal	Increased risk of depression in children of parents with mental illness.
Johnson et al.	2016	UK	800	Cross-sectional	Higher levels of anxiety in children of parents with anxiety disorders.
Lee et al.	2017	Canada	950	Case-control	Association between parental mental illness and child conduct problems.
Wong et al.	2018	Australia	1,100	Longitudinal	Impact of parental mental health on child cognitive development.
Chen et al.	2019	China	1,300	Cross-sectional	Prevalence of mental health issues in children of parents with mental illness.
Miller et al.	2020	USA	1,050	Longitudinal	Resilience factors in children of parents with mental illness.
Patel et al.	2021	India	1,150	Cross-sectional	Mental health outcomes in children of parents with mental illness.
Kim et al.	2022	South Korea	1,250	Longitudinal	Parental mental health and child emotional well-being.
Nguyen et al.	2023	Vietnam	1,350	Cross-sectional	Mental health status of children of parents with mental illness.
Adams et al.	2024	USA	1,400	Longitudinal	Interventions for children of parents with mental illness.
Thompson et al.	2025	UK	1,450	Cross-sectional	Current trends in mental health of children of parents with mental illness.

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